

Ready Set GO!!

RSG is a six-week introduction for newcomers (and experienced ACAs) to gain clarity and understanding of the ACA program, the ACA 12 Steps, and to become acquainted with their inner child. RSG prepares members to go through the 12 Step Yellow Workbook.

Upcoming Sessions:	Tues : Sep 10, 17, 24, Oct 1, 8, 15, 2024 / 10am Eastern Time (GMT-4) Thurs : Sept 12, 19, 26, Oct 3, 10, 17, 2024 / 7pm Eastern Time (GMT-4) Tues : Jan 7, 14, 21, 28, Feb 4, 11, 2025 / 10am Eastern Time (GMT-5)
2-hr closed meetings	Thurs : Jan 9, 16, 23, 30, Feb 6, 13, 2025 / 7pm Eastern Time (GMT-5) Tues : May 20, 27, June 3, 10, 17, 24, 2025 / 10am Eastern Time (GMT-4) Thurs : May 22, 29, June 5, 12, 19, 26, 2025 / 7pm Eastern Time (GMT-4)
Meeting Link:	RSG ZOOM LINK / Zoom ID: 856 3038 9240 / PW: RSG6 Contact/Info: rsg5.aca@gmail.com
Google Drive:	This is the main google drive which contains all RSG material. Please do not convert the RSG material into a docx or word document. Respectfully do not alter any parts of the RSG material. Thank you.
Weekly Scripts:	Week 1 / Week 2 / Week 3 / Week 4 / Week 5 / Week 6 Access copies of Full Blank Worksheets here.
Sharing Partner Outreach List:	We utilize a sharing partner/outreach list, introduced at the end of Week 1. PLEASE KEEP CONFIDENTIAL.

Suggestions in Preparation for RSG

- Attend at least 2 regular ACA meetings (face to face, online, and/or phone)
- On the day of your meeting, please read ACA 12 Steps, ACA 12 Traditions, and ACA Promises.
- CLICK HERE To view a presentation by Charlie H "The Steps and our Inner Child"
- <u>CLICK HERE</u> To view and listen to the ACA RSG summary presentation (33 min)

Chat Use During Meetings

We kindly ask that you please use the Chat for questions directed at the Host/Cohost only, specifically for technical issues. We will open the chat during fellowship after the close of the meeting for members to connect with each other directly during that time. We do this to minimize distractions, maintain the safety of the meeting and keep the focus on the content of the meeting. Thank you!

Timely Arrival and Welcoming Newcomers

We use a waiting room and will lovingly lock the meeting 15 minutes after the meeting begins. Please arrive promptly to each session. If this is challenging, we suggest perhaps waiting to attend a future RSG session. We offer six RSG sessions per year!

We welcome all ACA members in addition to newcomers! We highly recommend newcomers have attended at least 2 regular ACA meetings prior to RSG. However, we will not turn anyone away who is a first time ACA attendee, with the understanding it may be overwhelming. We ask that you arrive at least 10 minutes early and/or stay after the close of the meeting to ask questions and trust the process as ACA is introduced.

7th Tradition

Thank you for supporting ACA World Service Organization! Contribute only what you can afford. All amounts, no matter the size, are important to our tradition of self support through our own contributions and to your own recovery.

<u>Contribute directly to WSO</u> • Venmo @acawso • Calling 562-595-7831 • Mail, check payable to ACA WSO, PO Box 811 Lakewood, CA 90714. Please also consider our sponsor: West Great Lakes ACA <u>Intergroup, IG #70</u>, Box 723, Island Lake, Illinois, United States, 60042.

Newcomers are encouraged to purchase E-booklets (<u>Newcomer</u> and <u>Cross Talk</u>) and are welcome to participate in the 7th Tradition when they complete RSG.

Copyright and Recording

"Ready Set GO!!" is moving into final phases for publication as ACA FELLOWSHIP REVIEW MODE.

For ACA Use Only.

NO RECORDING OF READY SET GO!! MEETINGS/WORKSHOPS, IN ANY WAY.

NO SCREENSHOTS OF ANY OF RSG MATERIAL.

RSG Contacts and Resources

RSG Event Page: <u>acawso.org</u> WSO Website: Comments after RSG:

adultchildren.org rsg@acawso.org