

**I CONSTANTLY SEEK APPROVAL  
I HAVE DIFFICULTY HAVING FUN  
I FEAR CRITICISM, YET I CRITICIZE OTHERS**



**Don't miss long timer, Steve U. share on the miracle of his recovery in ACA.. very interesting cat that Steve U. Yes, intriguing story on his journey of discover, discard, and reframing of his false beliefs..**

**when:**

**this friday  
April 19 th**

**where:**

**Valley Alano club..  
56 st. Phoenix**