


# 2017 Arizona ACA Mingus Mountain Retreat

## September 8-10, 2017

# DRAFT

Start Time	Loc	Friday	Loc	Saturday	Loc	Sunday		
6:30 AM			MH	6:30-7:30 Guided Meditation with Sara G	CH	6:30-7:30 Guided Meditation - pending Guide		
8:00-9:00			DH	8:00-8:45 Food Service Day Pass Check-In	VC	6:30-7:30 Tai Chi - TBD		
9:00-10:00			LH	9:30-11:30 <a href="#">CHRISTOPHER DINES</a>	LH	9:00-10:30 <a href="#">KATIE L.</a> -Love Addiction / Love Avoidance: Focusing on Solutions.		
10:00-11:00		10:00-Noon Camp Open for Volunteers & Setup	Pav	10:00-11:30 ACA Meeting-open <i>pending chair</i>	Pav	9:00-10:30 ACA Meeting <i>pending chair</i>		
11:00-Noon			Pav			10:30-11:30 Camp Wide Cleanup		
Noon-1:00	Pav	Noon Guest Arrival Begins Scavenger Hunt begins	DH	12:00-12:45 Food Service	FC	11:30-12:30 Closing Ceremony <i>TBD and Bekah T</i>		
1:00-3:30	ZL	1:30-3:30 Trust Challenge - <i>Bill</i>	LH	1:00-3:00 <a href="#">ALAN A.</a>	DH	12:30-1:15 Food Service		
		2:00-3:30 Activity - Hike - TBD				1:30-2:00 Walk Through		
	PT	2:00-3:30 <b>Workshop - Reparenting Experiential Art - Sumer</b>			MH	2:00-3:30 ACA Women's Meeting - <i>pending chair</i>		2:00 Close Camp
3:30-5:00	OC	3:45-5:00 ACA Men's Meeting -	LH	3:30-5:00 <a href="#">JENNIFER SOBEL</a> RECOVERY YOGA	<b>ACA Meetings Pending Volunteers to Chair</b>  <b>LOCATIONS</b> CL Craft Lodge DH Dining Hall FC Fire Circle PT Picnic Tables at DH LH Lapointe Hall LP Lookout Point MH Mesa Hall OC Outdoor Chapel Pav Pavilion  VC Volleyball Court  ZL Zip Line			
	LH	3:45-5:00 ACA Women's Meeting -					Pav	3:30-5:00 Workshops - Creative Art Journaling - Megan
	Pav	5:00 Scavenger Hunt ends					VC	3:30-5:00 Workshops - Higher Power Walking - Christine
5:00-6:00	DH	5:20-5:30 Announcements	DH	5:30-6:15 Food Service				
6:00-7:00	DH	5:30-6:15 Food Service	DH	5:30-6:15 Food Service				
6:00-7:00	LH	6:30-7:10 Orientation <i>Bekah T and TBD</i>	LH	6:30-7:30 <a href="#">Meditation - Christopher Dines</a>				
7:00-8:30	LH	7:20-8:30 Musical Speaker Meeting: Janice Chair: Peggy						
8:30-10:00	LP	Stroll to Lookout Point (approx 1/4 mile)	LP	7:30-9:00 <i>ACA Candle Light Mtg</i>				
	LH	8:40-9:40 <b>ANNE N: STEP 11 YOGA NIDRA</b>		7:45-9:00 ACA Candle Light Mtg				
	FC	8:30-10:00 Campfire & Acoustical Jam Session	FC	9:00-10:00 Campfire & Acoustical Jam Session				
10:00 PM		Quiet Time Begins		Quiet Time Begins				